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English

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 (<https://www.simpson.dk/en/this-is-simpson.dk/en/what-are-cannabinoids/>)

CANNABINOIDS ARE naturally found in breast milk

Because cannabinoids are a key element in our immune system, it can be argued that we all have cannabis in our bodies. It is shown that only very few people know that there are completely natural cannabinoids in breast milk. Back in the 1970s, it was demonstrated that cannabinoids were directly involved in chemical processes related to eating and appetite.



(<https://simpson.dk/wp-content/uploads/2018/09/mother-breastfeeding-baby.jpg>)

CANNABINOIDS IN BREAST MILK

From there, it took a full 30 years for cannabinoids to be detected in cattle and breast milk. This basic research is still proving to be an important discovery in relation to how we humans develop our immune system. For cannabinoids play an important role, since they both reset, awaken and boost the immune system.

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CANNABINOID IS A PART OF HUMAN DNA

CANNABIS IS A PART OF HUMAN OWN DNA

The first time a human gets active cannabinoids is from breast milk when a mother is breastfeeding her baby. In particular, the first breast milk is very thick and contains most cannabinoids. These both boost the baby's immune system and stimulate our cannabinoid receptors (CB1 and CB2). This also means that the human endocannabinoid system is a fundamental factor in the development of the newborn's appetite after learning to eat.

According to the results of several scientific studies, human breast milk contains the same natural cannabinoids that are found in cannabis. Cell membranes in the human body are thus naturally equipped with cannabinoid receptors. There are two types of cannabinoid receptors in the body: CB1 which is found in the brain - and CB2 which is found in the immune system and throughout the rest of the body. Both of these receptor types respond positively to cannabinoids. Whether the cannabinoids come from breast milk to children or directly from the cannabis plant itself.



(<https://simpson.dk/wp-content/uploads/2018/09/glas-med-cannabisblad-og-der-hU00e6lde-op-i.jpg>)

glass with cannabis leaf and stored in it

CANNABINOIDS ALSO STIMULATE SOCIAL PROPERTIES



PROPERTIES

For example, if it were not for these cannabinoids in breast milk, then newborn children would not know how much to eat. And they probably would have no desire to eat either, which could result in both malnutrition and death. Thus, newborn babies who are breastfeeding receive plenty of cannabinoids in natural doses. This stimulates their hunger, and promotes their general growth and development.

Dr. Melanie Dreher studied women who used cannabis during their pregnancy and then studied the babies one year after birth. She found that babies from the mothers who consumed cannabis on a daily basis during their pregnancy had things in common: They made eye contact faster, they socialized better and had easier engagement with their surroundings.

CANNABINOIDS Reassure BABIES

Observations of how babies act after having breast milk show that they exhibit classic positive symptoms of cannabinoid use. In addition to the essential function of stimulating an infant's appetite, cannabinoids basically help calm the baby. So yes, we can say that we are all basically raised on cannabis.

To learn more about the body's own endocannabinoid system, read more here <https://simpson.dk/kroppens-endocannabinoide-system/> (<https://www.simpson.dk/en/the-body%27s-endocannabinoid-system/>)

Sources:

The endocannabinoid-CB1 receptor system in pre- and postnatal life [https://www.sciencedirect.com/science/article/abs/pii/S0014299904007423?](https://www.sciencedirect.com/science/article/abs/pii/S0014299904007423?via%3Dihub)
[via%3Dihub \(https://www.sciencedirect.com/science/article/abs/pii/S0014299904007423?via%3Dihub\)](https://www.sciencedirect.com/science/article/abs/pii/S0014299904007423?via%3Dihub)

Cannabinoids in breast milk. <https://www.kalapa-clinic.com/en/cannabinoids-in-breast-milk/> (<https://www.kalapa-clinic.com/en/cannabinoids-in-breast-milk/>)

Study Confirms Cannabinoids Occur Naturally In Human Breast Milk <https://www.yournaturalhealthcare.com/2019/10/07/study-confirms-cannabinoids-occur-naturally-in-human-breast-milk/> (<https://www.yournaturalhealthcare.com/2019/10/07/study-confirms-cannabinoids-occur-naturally-in-human-breast-milk/>)



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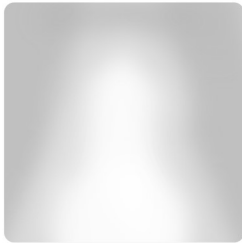
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Cannabis and endocannabinoid modulator: Therapeutic promises and challenges

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2544377/> (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2544377/>)



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Chat with Maria in Danish and English

Every weekday at 8 - 16



(mailto:info@simpson.dk)

info@simpson.dk (mailto:info@simpson.dk)

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Oils by Simpson Europe - EU:
In cooperation with:
Institute of Pharmacological Research SP Z OO
Ul. Sienna 83/218, 00-815 Warsaw, Poland.
Company registration number: PL5272939053
ENDOCA USA
1521 North Argonne Road
Suite C356 • Spokane Valley, WA 99212

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